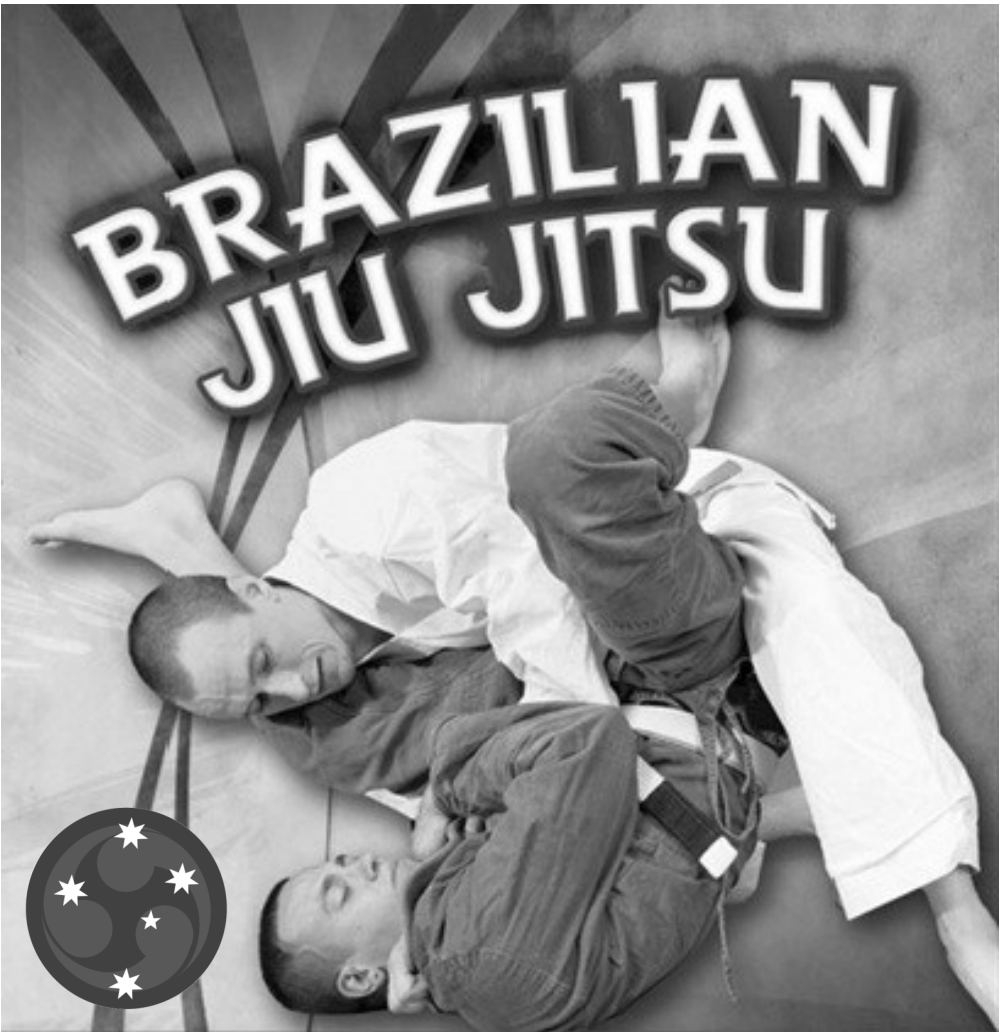


BRAZILIAN JIU JITSU



BJJ is a close quarters martial art specialising in ground combat. BJJ is a martial art, a combat sport and a self defence system all rolled into one and specialises in the use of balance and leverage rather than strength & power. SCMA classes are taught by Brazilian BJJ Black Belt Paolo Polimeno and are affiliated with Daniel "Little Devil" Lima's Fight Club Jiu-Jitsu.



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