

Dad says it's for protection...

Mum says it's for fitness...

We say it's for ***FUN!***

No other sporting or recreational activity offers the same life-long benefits as martial arts training at a quality martial arts school. Our specially designed, age specific curriculums will meet the needs of your child across all of the dimensions of their development:

- Physically
- Developmentally
- Socially
- Intellectually, and
- Psychologically.

Little Dragons (3 & 4 y.o.)
Junior Dragons (5-7 y.o.)
Red Dragons (8-12 y.o.)
Kidz Thai boxing (8-12 y.o.)

**ENROL IN
JANUARY &
RECEIVE A
FREE CLASS
UNIFORM**

Clean, fun and safe environment with professional and caring instructors. Give us a call, or visit our website, to find out the life-long benefits of martial arts for your child.

Get our **free report** on the life-long benefits of martial arts training from

www.kidzkarate.com

BEAT THE RUSH: Book your intro lesson for the week of January 9th to 13th and receive a free personal lesson!



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Incorporating the POWERful Words Character Development program by renowned developmental psychologist Dr Robyn Silverman.



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free intro class!

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**Southern Cross
Martial Arts Centre**

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